

SPOTLIGHT ON STUDENT SUCCESS

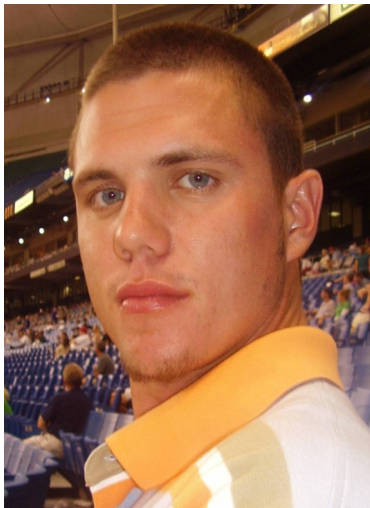
FDEA 2007 Addison Wesley Longman Award

*Kyle Kriech, from Okaloosa-Walton College, is the winner of the FDEA 2007 Addison Wesley Longman Award. He was chosen for his recommendations, grades and this essay describing how a specific book influenced his life:*  
 ~ Gail Burkett

**“Success is a Choice”  
 By Rick Pitino**

I liked this book because it helps you with ten basic steps on over achieving in life. Rick Pitino compared these steps with the way he coached his basketball teams and turned them into champions. It helped me relate his message into my life.

The first step is building self-esteem. You have to establish the work ethic, verbalize the goals, create the plan of attack, follow the proven methods and very soon your esteem will start to rise. The power of self-esteem is the most important determining factor in reaching our potential.



**Kyle Kriech**

**A good attitude and a bad attitude are just two different ways of looking at the same situation.**

**Thanks to Addison Wesley Longman Publishing for their sponsorship of this award!**

Step two is to set demanding goals for yourself. First you need to realize that dreams are different than goals. Dreams are where you want to end up. Goals are how you get there.

Step three is to be positive. Being positive is a learned attitude. A good attitude and a bad attitude are just two different ways of looking at the same situation.

Step four is to establish good habits. Habit is defined as the tendency or disposition to act in a certain way, acquired by repetition of such acts. It is important to create good solid habits, then repeat them over and over until they become so natural that they become second nature.

Step five is to master the art of communication. This is one of the most important steps and also one of the hardest.

are a fan of. Role models are people that you can learn from or can teach you on your journey to success.

Step seven is to thrive on pressure. There are kinds of pressure. There is good pressure and there is bad pressure. Good pressure makes you better focused and more motivated. Bad pressure makes you feel anxious and afraid to fail.

Step eight is to be ferociously persistent. Persistence is to refuse to give up or to let go. Continue despite opposition.

Step nine is to learn from adversity. We should expect life wouldn't be perfect. If we know this, we will be able to avoid the impulse to quit.

Step ten is to survive success. After you have become successful, you need to maintain excellence.

I try to use these steps in every day life. I feel that if I keep following them, I will achieve the success that I am after.



**CALL FOR NOMINATIONS!!!**

We're looking for names of colleagues to serve on the FDEA Board. These individuals should be interested in working with fellow board members to promote FDEA's mission to improve developmental education.

If you are interested in serving as an FDEA board member, please let me know by sending me a note through email. Or, if you know of possible candidates, please forward the names to me, along I with an email address. I will contact them directly.

**Thanks for your help!**

Marjorie Sussman  
 Nominations Committee  
 FDEA Board  
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